The Eucharist

Our Common Union

Opening Prayer

Lord, Father, all-powerful and ever-living God, I thank You, for even though I am a sinner, Your unprofitable servant, not because of my worth but in the kindness of Your mercy, You have fed me with the Precious Body and Blood of Your Son, our Lord Jesus Christ. I pray that this Holy Communion may not bring me condemnation and punishment but forgiveness and salvation.

Opening Prayer

May it be a helmet of faith and a shield of goodwill. May it purify me from evil ways and put an end to my evil passions. May it bring me charity and patience, humility and obedience, and growth in the power to do good. May it be my strong defense against all my enemies, visible and invisible, and the perfect calming of all my evil impulses, bodily and spiritual. May it unite me more closely to You, the One true God, and lead me safely through death to everlasting happiness with You.

Opening Prayer

- And I pray that You will lead me, a sinner, to the banquet where You, with Your Son and Holy Spirit, are the true and perfect light, total fulfillment, everlasting joy, gladness without end, and perfect happiness to Your Saints.
- ☐ Grant this through Christ our Lord, Amen.

The Eucharist is a sign of our union with God and our unity as the People of God, the Church.

Theology of the Body

- The Baldacchino is a representation of the bridal bed in which a husband and wife consummate their marriage.
- During the liturgy, under the Baldacchino, the priest represents Christ who gave up His body for His bride, the Church.



Being Fed

When we are young



When we are sick



When we are in love



Altar of Sacrifice

"The Church which is the Body of Christ participates in the offering of her Head. With him, she herself is offered whole and entire. She unites herself to his intercession with the Father for all men. In the Eucharist, the sacrifice of Christ also becomes the sacrifice of the members of his Body. The lives of the faithful, their praise, sufferings, prayer, and work, are united with those of Christ and with his total offering, and so acquire a new value. Christ's sacrifice present on the altar makes it possible for all generations of Christians to be united with his offering."

☐ CCC 1368

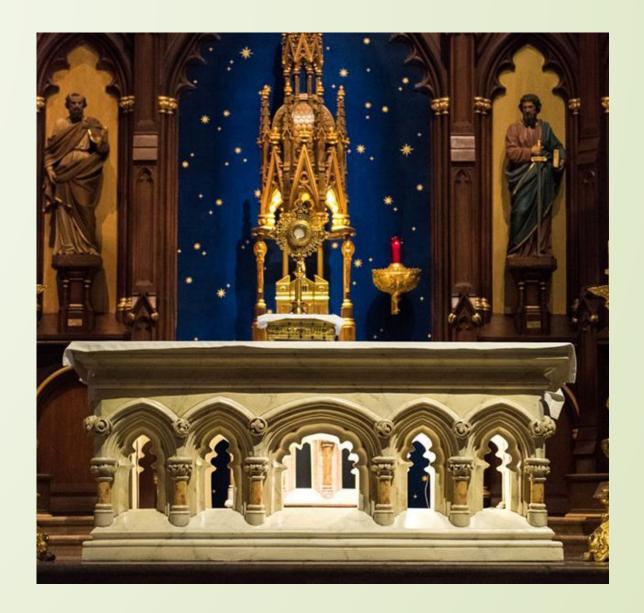


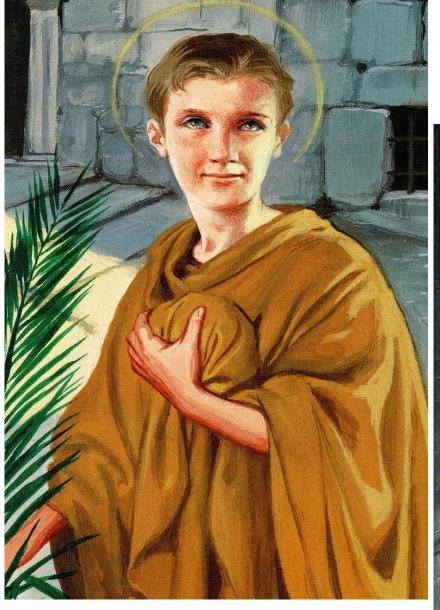
Table of the Lord

- "The Mass is at the same time, and inseparably, the sacrificial memorial in which the sacrifice of the cross is perpetuated and the sacred banquet of communion with the Lord's body and blood."
- ☐ CCC 1382











Concluding Prayer

We give You thanks, O most merciful Lord and Redeemer of our souls, for this day You have made us worthy by means of these immortal and heavenly mysteries. Direct our way; keep us in fear of You; guard our lives, and make our steps firm through the prayers and intercessions of the glorious and holy Mother of God and ever-Virgin Mary. Be exalted above the heavens, O God, and above all the earth, Your glory, now and forever and ever. Amen.